

Glory to Jesus Christ!  
Слава Иисусу Христу!

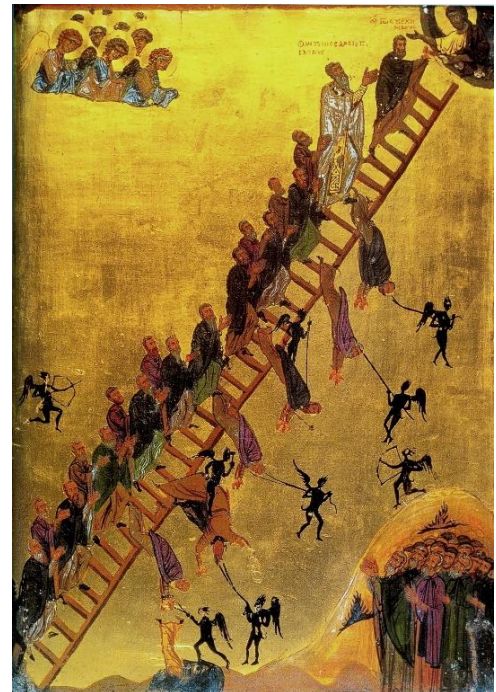
St. Mary ~ Holy Protection  
Byzantine Catholic Church  
4480 Route 981 Latrobe, PA 15650

Glory Forever!  
Слава на вики!

Administrator: Fr. Paul-Alexander Shutt, OSB  
Confession Schedule: Saturday 16:00 – 16:30,  
Parish email: st.marytrauger@gmail.com

Parish Office: 724-423-3 673 Hall: 724-423-8838  
Sunday 9:00 – 9:30, or by appointment  
Website: www.stmarybyzantinecatholic.org

**30 MARCH 2025 / 7533**  
**FOURTH SUNDAY OF THE GREAT FAST**  
**OUR VENERABLE FATHER JOHN CLIMACUS (OF THE LADDER)**



**LITURGY SCHEDULE:**

Sat. Mar. 29 17:00 Vigil: **FOURTH ALL SOULS, FOURTH SUNDAY OF THE GREAT FAST**

Sun. Mar. 30 10:30 **FOURTH SUNDAY OF THE GREAT FAST**  
*Suffrages pro populo.*

Wed. Apr. 02 18:30 **LITURGY OF THE PRESANCTIFIED GIFTS**

Sat. Apr. 05 17:00 Vigil: **FIFTH SUNDAY OF THE GREAT FAST**  
*Suffrages pro populo*

Sun. Apr. 06 10:30 **FIFTH SUNDAY OF THE GREAT FAST**  
*Suffrages & Panachida for Anthony Macchiaroli – 40<sup>th</sup> Day*

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**03 / 23 / 2025**  
**COLLECTION**  
**TOTAL: \$1327**

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Adults: \$959  
Lenten Off: \$5  
**ATTENDANCE:**

✠  
Candles: \$88  
E. Europe: \$100  
**Sat. 14 + 1**

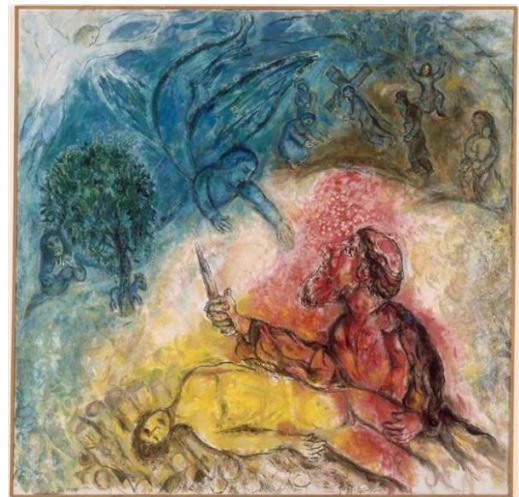
✠  
Holy Day: \$75  
Spec. Don.: \$100  
**Sun. 23 + 1**



**Fasting – Body and Soul: St. John Climacus** Let us not believe that an external fast from visible food alone can possibly be sufficient for perfection of heart and purity of body, unless with it there has also been united a fast of the soul. **For the soul also has its foods that are harmful. Slander** is its food, and indeed one that is very dear to it. A burst of **anger** supplies it with miserable food for an hour and destroys it as well with its deadly savor. **Envy** is a food of the mind, corrupting it with its poisonous juices and never ceasing to make it wretched and miserable at the prosperity and success of another. **Vanity** is its food that gratifies the mind with a delicious meal for a time, but afterwards strips it clear and bare of all virtue. Then vanity dismisses it barren, void of all spiritual fruit. All **lust** and **shifty wanderings of the heart** are a sort of food for the soul, nourishing it on harmful meats, but leaving it afterwards without a share of the heavenly bread and of really solid food.

Some people with a hot temper do not worry about it and the remedies that would heal them. They forget, unfortunately, what is written: *‘Surely anger kills the fool, and jealousy slays the simple,’* (Job 5:2). Remembrance of wrongs comes as the final point of anger. It is a keeper of sins. It hates a just way of life. It is the ruin of virtues, the poison of the soul, a worm in the mind. It is the shame of prayer, a cutting off of supplication, a turning away from love, a nail piercing the soul. It is a pleasureless feeling cherished in the sweetness of bitterness. It is a never-ending sin, an unsleeping wrong, rancor by the hour. A dark and loathsome passion, it comes to be but has no offspring,... A true sign of having completely mastered this putrefaction [anger, remembrance of wrongs] will come not when you pray for the man who offended you, not when you give him presents, not when you invite him to share a meal with you, but only when on hearing some catastrophe that has afflicted him in body or soul, you suffer and you lament for him as if for yourself.

**FIFTH WEEK OF THE GREAT FAST:** In the 5<sup>th</sup> week of the Great Fast, we chant the Great Canon of St. Andrew of Crete, to reaffirm our commitment to follow Christ. The *Great Canon of Repentance* begins with *The Life of St. Mary of Egypt* by St. Sophronius, Patriarch of Jerusalem. She is always commemorated on the Fifth Sunday of the Great Fast. (This service begins on page 533 in your «Publicans Prayer Book»). On Friday of the 5<sup>th</sup> week we read about the **Binding of Isaac – The Akedah** (Gen. 22:1-19) where Abraham’s faith is tested for the tenth and last time. He is asked to sacrifice his only child, his son Isaac, as a burnt offering. Abraham obeys; he binds his son and lays him on the altar they have built. As he is about to slay his son, God orders Abraham to stop and free him. Because of his total trust, God bestows a great blessing upon our holy patriarch: God will *«make his descendants as numerous as the stars of heaven and the sand of the seashore...»*. Yet, what the Father forbade to Abraham, He will allow for Christ, Who will be sacrificed for the life of the world.



Marc Chagall (1966)



**IN MEMORIAM!** The parish is very grateful for a special offering given by Ray and Denise Figas in memory of Anthony Macchiaroli. May his memory be eternal! **БѢЧНАА ПАМЯТЬ! Requiem æternam dona ei, Domine!**