

Glory to Jesus Christ!
Слава Иисусу Христу!

St. Mary ~ Holy Protection
Byzantine Catholic Church
4480 Route 981 Latrobe, PA 15650

Glory Forever!
Слава на вѣки!

Administrator: Fr. Paul-Alexander Shutt, OSB
Confession Schedule: Saturday 16:00 – 16:30,
Parish email: st.marytrauger@gmail.com

Parish Office: 724-423-3 673 Hall: 724-423-8838
Sunday 9:00 – 9:30, or by appointment
Website: www.stmarybyzantinecatholic.org

10 DECEMBER 2023 / 7532 28th SUNDAY AFTER PENTECOST
The Holy Martyrs Menas, Hermogenes, and Euphrasius.



LITURGY SCHEDULE:

- Sat. Dec. 09 17:00 VIGIL: **28th SUNDAY AFTER PENTECOST**
Suffrages pro populo
- Sun. Dec. 10 10:30 **28th SUNDAY AFTER PENTECOST** *Suffrages for +Martin Osif – Dorothy & Tina Osif.*
- Sat. Dec. 16 17:00 VIGIL: **SUNDAY OF THE FOREFATHERS** *Suffrages for +Bonnie Daniels – Donna Fullman, sister*
- Sun. Dec. 17 10:30 **SUNDAY OF THE FOREFATHERS** *Suffrages pro populo*

✠	✠	✠	✠	✠	✠
12 / 03 / 2023	Adults: \$892	Candles: \$83	Holy Days: \$470	Special: \$100	
COLLECTION	Christmas: \$100	Fuel: \$75	Flowers: \$16		
TOTAL: \$1880					
✠	✠	✠	✠	✠	✠



Some disciplines of True Fasting during this Season of the Nativity Fast...

Fast from idle gossip;	FEAST on purposeful silence.
Fast from judging others;	FEAST on Christ dwelling in them.
Fast from thoughts of illness;	FEAST on the healing power of God.
Fast from thoughts that pollute;	FEAST on that which purifies.
Fast from discontent;	FEAST on gratitude.
Fast from complaining;	FEAST on appreciating God's many blessings given you.
Fast from unrelenting pressures;	FEAST on unceasing prayer.
Fast from shadows of sorrow;	FEAST on the serene sunlight of Christ and His Mother.

The Nativity Fast is designed to prepare us for the beautiful feast of the Nativity of our Savior. And yet one of the words most commonly heard during this time is «**BUSY**». Secular society forces us to be so very busy, running around here and there with so much to do in so little time. As a result, the reality of the advent of our God-With-Us becomes lost in the midst of the temporalities. The following story contains a lesson for all of us who, at this time of year, must plead guilty to being way too busy for Christ and His holy Church. «On a recent visit to one of their convents in India, an American Sister was recounting her busy schedule to her Indian counterparts. The Sisters told her that they never use the word *busy* because it has an unacceptable acronym – **B**ound **U**nder **S**atan's **Y**oke. The American Sister then asked what word they do use, since certainly they have full schedules. They told her, “*We are blessed with the fullness of the day.*”»

Let us make time to un-busy ourselves,
and thus be unfettered to receive God's many blessings.



~ Announcements ~

- «**LET THERE BE LIGHT!**» **THANK YOU** to the **Hess Family** and **David Regalla** for the luminous improvement made to the Narthex of our parish church.
γενηθήτω φῶς· καὶ ἐγένετο φῶς. fiat lux et facta est lux.
- The Building / Maintenance Committee is selling a **\$500 STRIP TICKET**, the last one of 2023. The number will be taken from the PA Lottery Evening Pick 3 drawing next **Sunday, December 17th**.
- The **PITTSBURGH BYZANTINE CATHOLIC ARCHEPARCHIAL CHOIR** invites faithful, friends and family to experience the joy and splendor of the Nativity season next **Sunday December 17** as they present ‘**Neath the Star of Bethlehem: Hymns and Songs of the Nativity**’. The hour-long choral program will begin at 2:00 pm at **St. Elias Byzantine Catholic Church**, 4200 Homestead-Duquesne Road in Munhall, PA. Admission is free, and there is also plenty of free, level parking. For those who cannot attend in person, the **program will be live-streamed** from St. Elias Church online at
<https://steliasmunhallpa.weebly.com>
- **THERE WILL BE NO BINGO IN JANUARY 2024. THE FIRST BINGO OF THE NEW YEAR WILL BE FRIDAY, 9 FEBRUARY.**



Listen to the new Daily Podcast to help prepare for the Feast of the Nativity - "SEASONS OF GRACE" with newly ordained Father Deacon Nick Modelski! Join him during the Nativity Fast for daily reflections from Archbishop Joseph Raya's book *Christmas: Birth of Our Lord God and Saviour, Jesus Christ & His Private Life*. Thank you to Madonna House Publications for their permission to present Archbishop Joseph's work in this podcast.



Check out the first lesson in the flagship Institute course, "THE HOUSE OF GOD: A Bible Study Course on the Temple" with Dr. Steven Smith!

Equipping the Saints

GOD WITH US INSTITUTE
Eastern Catholic Formation

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God With Us Institute
THE HOUSE OF THE LORD
A Bible Study Course on the Temple

with Dr. Steven Smith, PhD

Lesson 1: Welcome & Introduction

