

Glory to Jesus Christ!
Слава Иисусу Христу!

St. Mary ~ Holy Protection
Byzantine Catholic Church
4480 Route 981 Latrobe, PA 15650

Glory Forever!
Слава на вѣки!

Administrator: Fr. Paul-Alexander Shutt, OSB
Confession Schedule: *Saturday* 16:00 – 16:30,
Parish email: st.marytrauger@gmail.com

Parish Office: 724-423-3 673 **Hall:** 724-423-8838
Sunday 9:00 – 9:30, or by appointment
Website: www.stmarybyzantinecatholic.org

27 March 2022 / 7530 4th SUNDAY OF THE GREAT FAST
MEMORY OF OUR HOLY FATHER JOHN CLIMACUS



LITURGY SCHEDULE:

Sat. Mar. 26 17:00 FOURTH SUNDAY OF THE GREAT FAST

Suffrages for +Jack Overdorff – Dan & Kathy Overdorff

Sun. Mar. 27 10:30 FOURTH SUNDAY OF THE GREAT FAST

Suffrages pro populo, esp. for health and well being of Suzanne & Drago Hurst – James & Patricia Krisner

Wed. Mar. 30 18:30 LITURGY OF THE PRESANCTIFIED GIFTS

Fri. Apr. 01 18:30 LITURGY OF THE PRESANCTIFIED GIFTS

Sat. Apr. 02 17:00 **FIFTH SUNDAY OF THE GREAT FAST**

Suffrages for +Helen Krynicky – Jack & Joan Gade

Sun. Apr. 03 10:30 **FIFTH SUNDAY OF THE GREAT FAST**

Suffrages pro populo

✠	✠	✠	✠	✠	✠
03 / 20 / 2022	Adults: \$759	Children: \$2	Lenten Off: \$40		
COLLECTION	Candles: \$51	Ukraine: \$912	TOTAL: \$1764		



Fasting – Body and Soul: St. John Climacus Let us not believe that an external fast from visible food alone can possibly be sufficient for perfection of heart and purity of body, unless with it there has also been united a fast of the soul. **For the soul also has its foods that are harmful. Slander** is its food, and indeed one that is very dear to it. A burst of **anger** supplies it with miserable food for an hour and destroys it as well with it deadly savor. **Envy** is a food of the mind, corrupting it with its poisonous juices and never ceasing to make it wretched and miserable at the prosperity and success of another. **Vanity** is its food that gratifies the mind with a delicious meal for a time, but afterwards strips it clear and bare of all virtue. Then vanity dismisses it barren, void of all spiritual fruit. All **lust** and **shifty wanderings of the heart** are a sort of food for the soul, nourishing it on harmful meats, but leaving it afterwards without a share of the heavenly bread and of really solid food.

Some people with a hot temper do not worry about it and the remedies that would heal them. They forget, unfortunately, what is written: ‘*Surely anger kills the fool, and jealousy slays the simple,*’ (Job 5:2). Remembrance of wrongs comes as the final point of anger. It is a keeper of sins. It hates a just way of life. It is the ruin of virtues, the poison of the soul, a worm in the mind. It is the shame of prayer, a cutting off of supplication, a turning away from love, a nail piercing the soul. It is a pleasureless feeling cherished in the sweetness of bitterness. It is a never-ending sin, an unsleeping wrong, rancor by the hour. A dark and loathsome passion, it comes to be but has no offspring, ... A true sign of having completely mastered this putrefaction [anger, remembrance of wrongs] will come not when you pray for the man who offended you, not when you give him presents, not when you invite him to share a meal with you, but only when, on hearing some catastrophe that has afflicted him in body or soul, you suffer and you lament for him as if for yourself.

From St. John Climacus’ The Ladder of Divine Ascent



~ Announcements ~

- ❖ **15th EGG EGGSTRAVAGANZA** at St. John the Baptist Byzantine Catholic Church Social Hall, Uniontown is **Sunday, April 3** from **Noon – 4:00**. Admission is free. A Lenten luncheon will be served. For more information, call **724-438-6027 M-F 9:00 to 15:00** (leave message). See posters in Narthex for more details of all the many events planned for the day.

- ❖ **HEAR YE! HEAR YE!** All St. Mary bakers are asked to participate in a **BAKE SALE** on **Friday, April 8th** as a fund raiser for April's Bingo. Start thinking about the specialty item(s) you would be willing to bake. **ITEMS OTHER THAN CAKES ARE REQUESTED!**
- ❖ **DONATIONS!** The following are needed before the Ethnic Dinner on May 7th: 40- 50 lbs. **flour**, 30 lbs. **butter**, gallon of **vegetable oil**, 6 large bags of **onions**, **Minute rice**, **tomato soup**, **5 sheet cakes**. **Cash donations are also welcome.**