Glory to Jesus Christ! Cnaba Ucycy Xpucmy! St. Mary Byzantine Catholic Church 4480 Route 981 Latrobe, PA 15650

Glory Forever! Слава на вики!

Pastor: Father Paul-Alexander Shutt, O.S.B. St. Mary's Email: st.marytrauger@yahoo.com Website: www.stmarybyzantinecatholic.org

Confessions: Saturday 4 – 4:30 PM Sunday 9:30 – 10:00 AM

Tel: Rectory: 724-423-3673 Fax: 724-423-1808 Hall: 724-423-8838

**or** by appointment

## 9 November 2014: Twenty-Second Sunday after Pentecost

Our Venerable Mother Matrona. The Venerable Theoctista of Lesbos.

## LITURGICAL SCHEDULE

Sat.	Nov. 08	9:30 AM: Archangel Michael + Health & Well Being of Ethan Ewing by Martin, Dorothy, and Tina Osif 5:00 PM: Sunday Vigil + Suffrages for Peter P. Shultz by Mike & Connie Bankovich. Memorial Service w/ Kollyva: 1st Year Anniversary			
Sun.	Nov. 09	10:30 AM: Twenty-Second Sunday after Pentecost: pro populo Dei Memorial Service w/ Kollyva: 9 <sup>th</sup> Day: Mary Miscik			
	Sun. Nov. 16 10:30 AM: Twenty-Third Sunday after Pentecost: pro populo Dei				
¥		<b>¥</b> <u>Acolytes</u>	₩ <u>Readers</u>	¥.	₩ Jshers
Sat. M Sat. M Sun. M Sat. M Sun. M	Nov. 08 p Nov. 09 Nov. 15	m E. R. & A. Hess M. Ruggieri M. & T. Syphan	M. Hulyk L. Cianciotti A. Syphan J. Kontir T. Tomosky		
Wed. Nov. 19 Thurs. Nov. 20 11/2/14 Collection			TBA TBA Candles \$62.00;		
X		X	×	×	×

The word **ADVENT** comes from the Latin verb *advenire* [ad towards + venire to come,] meaning «to come towards, approach, arrive and so encounter someone». The Churches of the East do not traditionally use this term to describe the fasting period before Christmas, but it is a perfectly good one belonging to the common tradition of the Churches in the West, both Catholic and Protestant. Among the Eastern Churches this 40 day fasting period is called either **The Philip Fast** or **The Nativity Fast**.

On **Wednesdays** during the Philip Fast, the **Emmanuel Moleben** will be served at **19:00**. The **intention** will be two-fold: (1) for the spiritual preparation of our parishioners for the coming of Christ – His Advent – at Christmas; (2) for the success of our handicap project. All parishioners are urged to attend this beautiful candlelight service of our holy Byzantine Church – escape the business of daily life and the secular world's holiday attractions; come to the Temple of the Lord, *«Come and see»*; come *«be still, and know that I am God»* (Ps. 46:10).

## **Suggested books to read during the Nativity Fast:**

- □ *The Winter Pascha* by Thomas Hopko. St Vladimir Seminary Press.
- □ *Meditations for Advent, Preparing for Christ's Birth* by Vassilio Papavassiliou. Ancient Faith Publishing.



According to the forty-day tradition, the Philip Fast in preparation for Christmas begins this year on **Saturday**, **15 November**. During this fast, it is the **monastic** custom (later adopted by the parishes) to observe a **strict abstinence on Mondays**, **Wednesdays**, **and Fridays**; and a *lesser abstinence* (mitigation for wine and oil) on *Tuesday* and *Thursday*. A *mitigated abstinence* (fish, wine and oil) is prescribed for *Saturday* and *Sunday*. Our Ruthenian Metropolia has identified this period as a penitential season (Can 880, §2). Those parishioners who are of advanced age and / or because of health reasons, cannot and should not follow the above monastic fast, are still required to do acts of penance in place of abstinence from certain foods, *e.g.*,

- pray more, read more scripture
- give alms to the poor
- visit the sick / shut-in at their home or at the nursing centre or at the hospital, calling them on the phone, sending them cards and letters;
- volunteer to go grocery shopping for a sick parishioner
- volunteer to clean their house, do their laundry, iron
- volunteer to stay with them, allowing the primary care giver a much needed break to get some rest and recharge;
- volunteer at a men's or women's shelter,
- volunteer at a soup kitchen.
- et cetera.

Those who do not have health or age issues are expected ...

- to **pray**, at home **AND** at Church
- give alms, and
- **fast** by doing more than just the absolute minimum required or by not trying to take on more than one can handle, *i.e.*, by trying to observe the full monastic schedule when not a monastic and living in a monastic environment.

If you are not sure whether your «aim» is to too low or too high, consult your spiritual father or mother or the parish priest to receive their blessing on your undertaking.

**BACK TO THE BASICS:** Byzantine Catholics are expected to celebrate **The Mystery of Confession** at least four times a year during each of the fasting periods of our Church: The Philip Fast, The Great Fast, the Apostles' Fast, and the Dormition Fast.

## **Next Sunday's Readings:**

Ephesians 2: 4 – 10 From Death to Life Luke 10: 25 – 37 The Good Samaritan

