Glory to Jesus Christ! Слава Исусу Христу! Saint Mary Byzantine Catholic Church 4480 Route 981 Latrobe, PA 15650

Glory Forever! Слава на вики!

Pastor: Father Paul-Alexander Shutt, O.S.B. St. Mary's Email: st.marytrauger@yahoo.com Website: www.stmarybyzantinecatholic.org

Confessions: **Saturday** 4 – 4:30 PM **Sunday** 9:30 – 10:00 AM or by appointment

Tel: Rectory: 724-423-3673 Fax: 724-423-1808 Hall: 724-423-8838

16 December, 2012: Sunday of the Forefathers

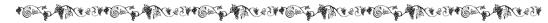
The Holy Prophet Haggai

LITURGICAL SCHEDULE

Sat.	Dec.	15	5:00 PM: Sunday Vigil +Ignatius Papier requested by Connie & Mike Bankovich					
Sun.	Dec.	16	10:30 AM: Sunday of the Forefathers: pro populo					
Sat.	Dec.	22	5:00 PM: Sunday Vigil Health & Well Being of Johnathan Osif req. by Martin, Dorothy, & Tina					
Sun.	Dec.	23	10:30 PM: Sunday before Christmas, of the Ancestors: pro populo					
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			Acolytes		Readers		<u>Ushers</u>	
Sat.	Dec.	15	M. Mihalko		D. Cholock	J. Ko	J. Kontir, R. Garber	
Sun.	Dec.	16	R. & E. Hess		L. Knouse J. Overdorff, W. Furwa			
Sat.	Dec.	22	M. Mihalko		J. Kontir	J. Sni	J. Snitzer, D. Mihalko	
Sun.	Dec.	23	D. Cianciotti		L. Cianciotti	В. &	J. Knouse	

Collection: 12/09/12: Adult \$ 650; Candles \$ 48; Student \$ 6; Fuel \$ 310; Flowers \$ 155;

Holy Day \$ 210; **Total: \$ 1379.00**



In today's Epistle to the Colossians, the apostle Paul admonishes us to put to death that which is earthly in us. And one of the chief things to rid ourselves of is ANGER! «But now put ... away anger... The following list offers a few suggestions on how to do this. 1) Destroy anger through forgiveness. 2) Deal with anger through streneous activities: sports, brisk walks, push-ups, mowing the lawn. Anger is energy, redirect it to accomplish something more positive. 3) Delay your anger, take a few steps back, a couple of good deep breaths and if you think counting to ten is too silly, start praying the «Our Father.» 4) When the next wave of anger comes your way, ask yourself: «Is it really worth what it's going to do to me and others emotionally? I will make a fool of myself; hurt someone I love; lose a friend.

«Is it it worth it for me to lose my temper and have to pay such a price?» 5) Espress your anger before you reach your boiling point, before you blow your top. 6) Admit that you are angry; recognize the dark feelings that you are having and expose them to the light

of day, to Christ – the Sun of Justice. 7) Remember that anger is normal, natural; **it is the way we express it that makes all the difference**. 8) Pinpoint what it is that has made you angry. Knowing its source can help give insight on how to difuse it, redirect it. 9) Learn to recognize your own internal signs that anger is welling up inside you. 10) Don't misdirect your anger; espress it at the real target – but always in **LOVE**. 11) Remember that many times the person you're really angry with is yourself. 12) Uncontrolled anger requires a loud voice. Keep the volumn of your voice low. It's hard to get very angry in a whisper. 13) Seek forgiveness every day. Don't let minor irritations build up and fester. 14) Strive to control and direct anger's energy toward the destruction of evil, injustice, sin. 15) Open up all your hostile feelings to the presence of God through prayer and confession.

Prayer: Precious Lord, Who can control and direct the emtion of anger without the power and presence of Your Holy Spirit within? Fill us with Your Spirit that we may transform this potentially descructive emotion into a tool for growth and change. Amen.

Adapted from «Treasures from Paul's Letters» Vol 1. pp. 114 – 116. by Fr. Anthony M. Coniais



The Prophet Haggai, whose name means "festive, festal" in Hebrew was born in Babylon at the time of the second exile of the Jewish people. Jewish tradition



suggests that he was a priest. In 539 BC, Persia (modern day Iran) conquered Babylon (modern day Iraq) and King Cyrus of Persia decreed that the Jews could return to their homeland. Upon his return to Jerusalem, Haggai became the first postexilic prophet. In 520 BC, during the second year of King Darius of Persia's reign, four prophetic messages were delivered to the holy prophet over a period of four months. His prophecy, divided into two chapters, is ranked tenth among the Minor Prophets. The major theme of this short book is «Forsake life's comforts and rebuild the Temple.» Georg Friedrich Handle choose Haggai 2:6 as one of the biblical texts for his great oratorio: «The Messiah.»



~ Announcements ~

- We will celebrate the Eve of the Nativity of Our Lord with the Vigil Divine Liturgy of St. Basil starting at 8:00 pm. Come at 7:45 to join in the singing of traditional Rusyn and English Christmas carols.
- The Christmas Memory Poinsettias will be published next week in honor of the dearly departed. This is the last announcement. Using the special envelope marked Christmas Trees & Altar Flowers, write your name and the name of your departed loved one on it and place it in the collection basket. The cost is \$15 for each flower that you wish to purchase.
- Special Thanks to *Marge Hulyk and Karen Janos* for donating baked goods to our Friday Bingo.

- The Mustery of Holy Repentance will be celebrated after the Divine Liturgies this week-end. There will be no Confessions heard the weekend before Christmas. Booklets for the Mystery of Holy Repentance according to the Byzantine Rite are located on the card table in the Narthex and will also be available in the Confessional. Should you so desire, confessions will also be heard before the icon of Christ on the Iconostasis as is the long standing Byzantine tradition.
- American Carpatho-Russian Orthodox Diocese ordains new bishop. Bishop Gregory Tatsis was ordained to the Episcopacy at Christ the Savior Cathedral in Johnstown, PA on 27 November 2012. He succeeds the late Metropolitan Nicholas of Amissos who died in March of 2011. Eis polla eti, Despota!



Kick the New Year off with family and friends with a FREE New Year's Day Pork & Sauerkraut dinner held January 1st at St. Paul Lutheran Church, 108 Dutch Hill Road, Latrobe, PA from 11:00 a.m. until 2:00 p.m. Anyone who wishes to help, either the morning before or the day of the event can do so by calling the church 724-423-2590 with your available time.